

## **Enfys and the Golden Treasure**

### **Teacher & Parent Discussion Guide**

#### **About this Guide**

This guide is designed to help adults explore the themes of *Enfys and the Golden Treasure* with children in a gentle, meaningful way. The questions and activities encourage emotional understanding, empathy, and confidence, all through the magical world of dragons.

#### **1. Key Themes to Explore**

These themes run through the story and offer natural starting points for discussion:

##### **Kindness as Courage**

Enfys shows that being gentle and helpful takes real bravery.

##### **Celebrating Differences**

Enfys' soft, curly fur makes him unique and ultimately powerful.

##### **Peer Pressure & Hidden Softness**

Flint, Ember, and Slate act "tough" because they're afraid of being laughed at.

##### **Emotional Honesty**

The story encourages children to talk about feelings like sadness, pride, and belonging.

##### **Community & Transformation**

Kindness spreads and changes the whole mountain.

#### **2. Discussion Questions**

These open ended questions work well in classrooms, small groups, or bedtime conversations.

##### **Understanding Enfys**

- What makes Enfys different from the other dragons
- How do you think Enfys feels when the others tease him
- Why do you think he keeps helping others even when he feels sad

##### **Exploring Kindness**

- What are some kind things Enfys does in the story
- Why is kindness sometimes hard to show
- Can you think of a time you were kind, even when it was difficult

### **Peer Pressure & Hidden Feelings**

- Why do Flint, Ember, and Slate hide their kindness
- Have you ever pretended to be different to fit in
- What helped the dragons feel safe enough to be themselves

### **Courage & Bravery**

- What does bravery look like in this story
- Is being gentle a kind of bravery
- What brave things does Enfys do that don't involve fire or strength

### **The Golden Egg**

- Why do you think the Council chose Enfys to guard the treasure
- What does the golden baby dragon represent
- How does the hatching change the dragons' understanding of Enfys

### **Real-World Connections**

- What makes *you* unique
- How can we show kindness at home or school
- What small things can make someone else's day brighter

## **3. Activities & Extensions**

### **A. “My Dragon Superpower” Activity**

Ask children to draw a dragon that represents themselves.

Prompt them to choose a “superpower” based on a personality trait, not strength.

Examples:

- “I’m good at listening.”
- “I help people when they’re sad.”
- “I’m brave when I try new things.”

This reinforces the idea that softness and uniqueness are strengths.

### **B. Kindness Sparks**

Inspired by Enfys' golden sparkles.

Give children small gold stickers or paper stars.

Each time they notice someone being kind, they can give them a "spark."

This builds a culture of noticing and celebrating kindness.

### **C. Feelings Mapping**

Discuss moments in the story where characters feel:

- sad
- proud
- scared
- brave
- hopeful

Children can draw or colour these feelings using different shapes or colours

### **D. Secret Kindness Challenge**

Just like the dragons, children can complete a "secret kindness" task:

- tidy something without being asked
- help a friend
- share something
- comfort someone

Later, discuss how it felt to do something kind without expecting praise.

### **E. Role-Play: Tough vs Soft**

Invite children to act out:

- a "tough" dragon
- a "soft" dragon
- a dragon learning to be both

This helps them understand emotional expression and empathy.

#### **4. Vocabulary to Explore**

Introduce children to gentle, expressive words from the story:

- cosy
- shimmer
- fragile
- brave
- gentle
- treasure
- kindness
- courage

Encourage them to use these words in their own stories or drawings.

#### **5. Reflection for Adults**

*Enfys and the Golden Treasure* opens the door to important conversations:

- Why do children sometimes hide their softness
- How can we model kindness as strength
- What messages do children receive about “toughness”
- How can we help sensitive children feel proud of who they are

This story is a reminder that gentleness is powerful and that every child deserves to feel seen, valued, and safe being themselves.