

Enfys and the Golden Treasure

Teacher & Parent Discussion Guide

About this Guide

This guide is designed to help adults explore the themes of *Enfys and the Golden Treasure* with children in a gentle, meaningful way. The questions and activities encourage emotional understanding, empathy, and confidence, all through the magical world of dragons.

1. Key Themes to Explore

These themes run through the story and offer natural starting points for discussion:

Kindness as Courage

Enfys shows that being gentle and helpful takes real bravery.

Celebrating Differences

Enfys' soft, curly fur makes him unique and ultimately powerful.

Peer Pressure & Hidden Softness

Flint, Ember, and Slate act "tough" because they're afraid of being laughed at.

Emotional Honesty

The story encourages children to talk about feelings like sadness, pride, and belonging.

Community & Transformation

Kindness spreads and changes the whole mountain.

2. Discussion Questions

These open ended questions work well in classrooms, small groups, or bedtime conversations.

Understanding Enfys

- What makes Enfys different from the other dragons
- How do you think Enfys feels when the others tease him
- Why do you think he keeps helping others even when he feels sad

Exploring Kindness

- What are some kind things Enfys does in the story
- Why is kindness sometimes hard to show
- Can you think of a time you were kind, even when it was difficult

Peer Pressure & Hidden Feelings

- Why do Flint, Ember, and Slate hide their kindness
- Have you ever pretended to be different to fit in
- What helped the dragons feel safe enough to be themselves

Courage & Bravery

- What does bravery look like in this story
- Is being gentle a kind of bravery
- What brave things does Enfys do that don't involve fire or strength

The Golden Egg

- Why do you think the Council chose Enfys to guard the treasure
- What does the golden baby dragon represent
- How does the hatching change the dragons' understanding of Enfys

Real-World Connections

- What makes *you* unique
- How can we show kindness at home or school
- What small things can make someone else's day brighter

3. Activities & Extensions

A. "My Dragon Superpower" Activity

Ask children to draw a dragon that represents themselves.

Prompt them to choose a "superpower" based on a personality trait, not strength.

Examples:

- "I'm good at listening."
- "I help people when they're sad."
- "I'm brave when I try new things."

This reinforces the idea that softness and uniqueness are strengths.

B. Kindness Sparks

Inspired by Enfys' golden sparkles.

Give children small gold stickers or paper stars.

Each time they notice someone being kind, they can give them a "spark."

This builds a culture of noticing and celebrating kindness.

C. Feelings Mapping

Discuss moments in the story where characters feel:

- sad
- proud
- scared
- brave
- hopeful

Children can draw or colour these feelings using different shapes or colours

D. Secret Kindness Challenge

Just like the dragons, children can complete a "secret kindness" task:

- tidy something without being asked
- help a friend
- share something
- comfort someone

Later, discuss how it felt to do something kind without expecting praise.

E. Role-Play: Tough vs Soft

Invite children to act out:

- a "tough" dragon
- a "soft" dragon
- a dragon learning to be both

This helps them understand emotional expression and empathy.

4. Vocabulary to Explore

Introduce children to gentle, expressive words from the story:

- cosy
- shimmer
- fragile
- brave
- gentle
- treasure
- kindness
- courage

Encourage them to use these words in their own stories or drawings.

5. Reflection for Adults

Enfys and the Golden Treasure opens the door to important conversations:

- Why do children sometimes hide their softness
- How can we model kindness as strength
- What messages do children receive about “toughness”
- How can we help sensitive children feel proud of who they are

This story is a reminder that gentleness is powerful and that every child deserves to feel seen, valued, and safe being themselves.